



March Break Activities for All Abilities

Visual Play Ideas

Tips for incorporating play

Emerging Skills

Safe and simple Recipes

Open-Ended Questions

Pattern Block Mats

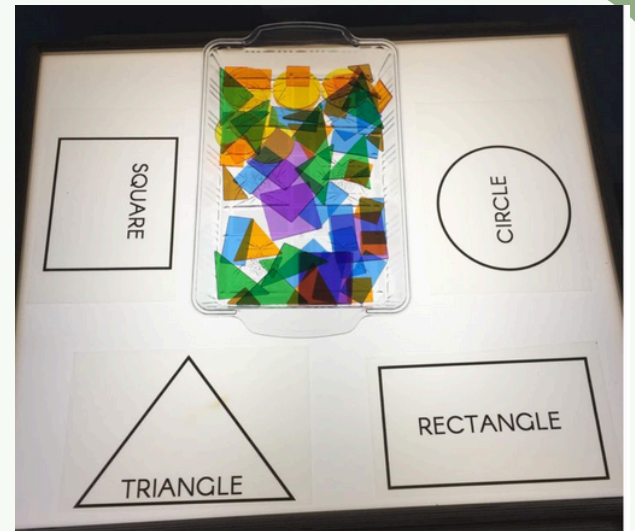
References



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Limitless Activities for the Light Panel



(Scholar's Choice, 2024, np)

Kelly. np.

(Pre-kindergartners, 2025, np),

Tips

- Sorting different color pom-poms using tong or hand
- Add play dough for sensory exploration
- Add materials that have different shapes, capacity, colors
- Making patterns with beads

open- ended questions

- What does it feel like?
- How is it different from something else you've touched before?
- What are you making with the playdough?
- How did you come up with that idea?
- What colors do you want to use and why?
- Can you tell me a story about what you created?
- What would happen if you mixed these two colors together?
- How does your creation feel when you touch it?
- What else could you add to your creation to make it even better?
- What do you think will happen if you change the shape?

Indicators of emerging skills from infants to school age groups

- Fine motor skills
- Hand- eye coordination
- Problem solving skills
- Cognitive:- when reasoning logically
- Social:- when participating in a group

(Ministry of Ontario, 2014, Pg. 18-62)

Dinosaur Fossil Investigations



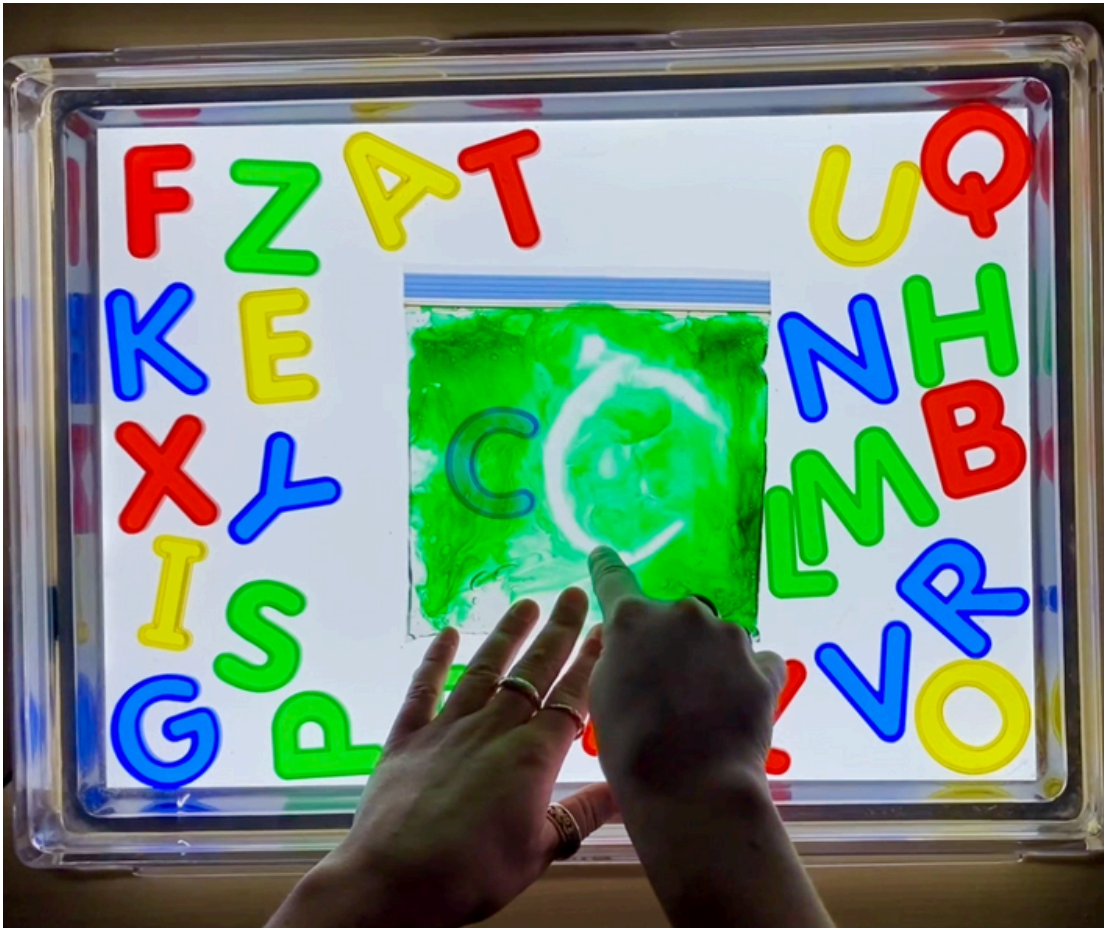
Light Panel Nature Observations



Light Panel Flowing Watercolours



Sensory Light Letter Formation

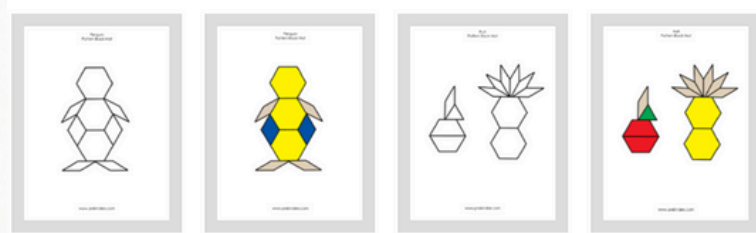
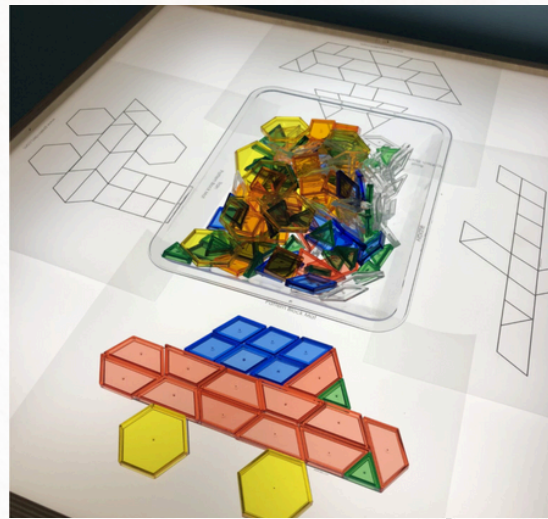


Colourful Light Panel Sorting



Printable Pattern Block Mats

Pre-kind. 2025. Pattern Block Mats. <https://www.prekinders.com/pattern-blocks/>

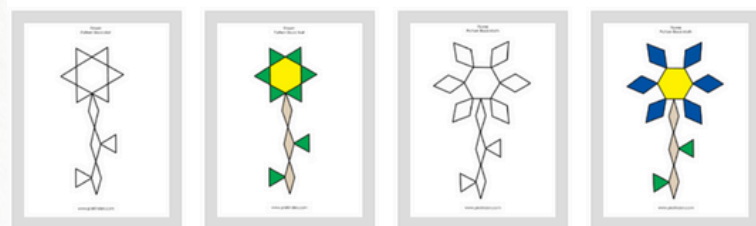


Penguin

Penguin

Fruit

Fruit

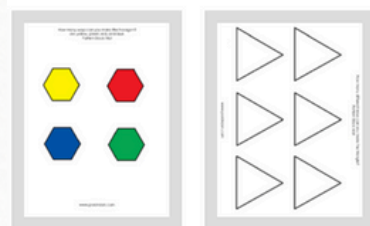


Flower

Flower

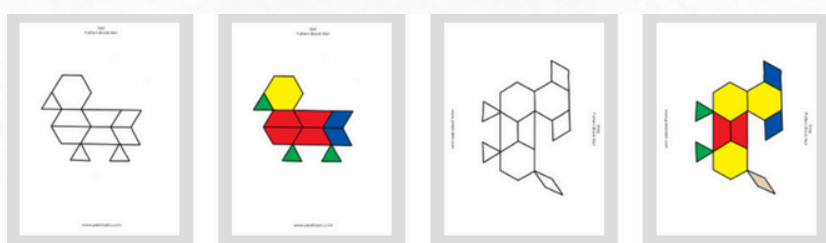
Flower

Flower



Hexagon

Triangle

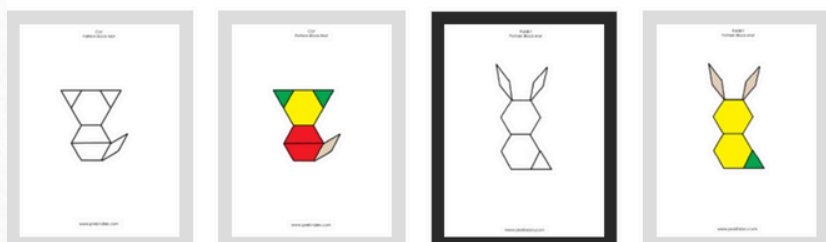


Duck

Duck

Dog

Dog

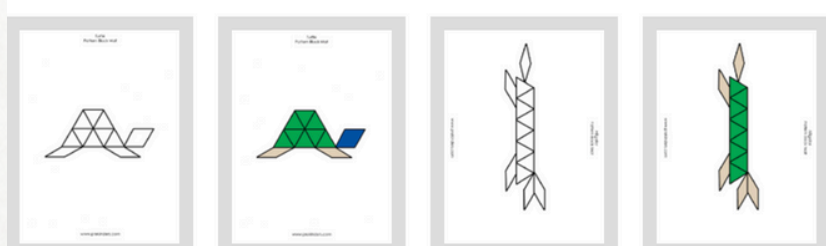


Cat

Cat

Rabbit

Rabbit

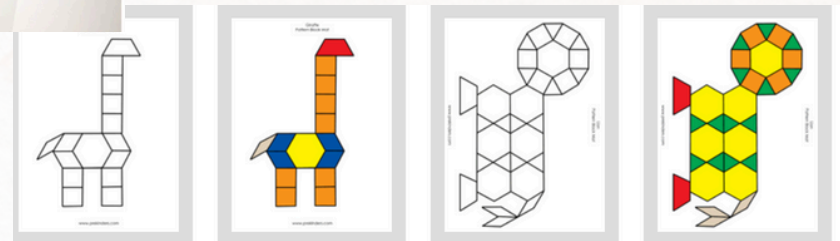


Turtle

Turtle

Alligator

Alligator

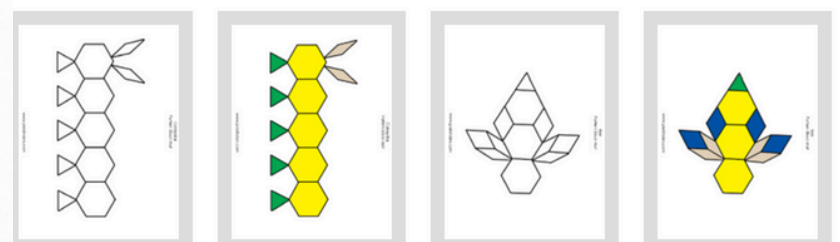


Giraffe

Giraffe

Lion

Lion

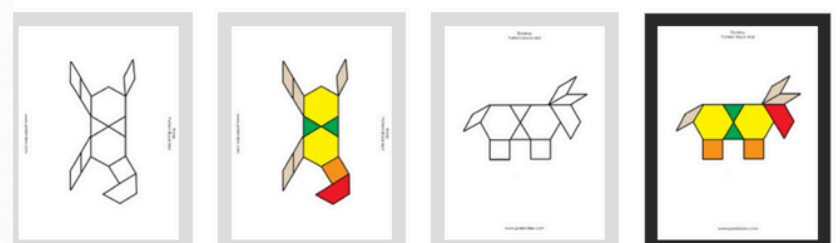


Caterpillar

Caterpillar

Bee

Bee

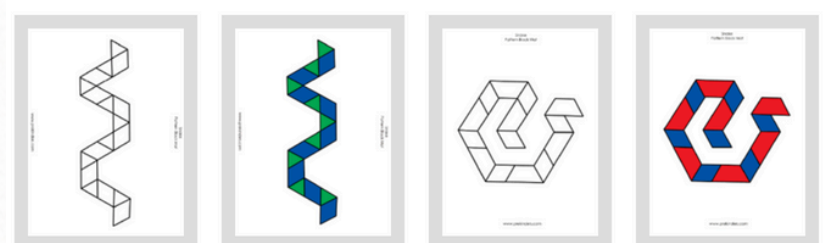


Horse

Horse

Donkey

Donkey

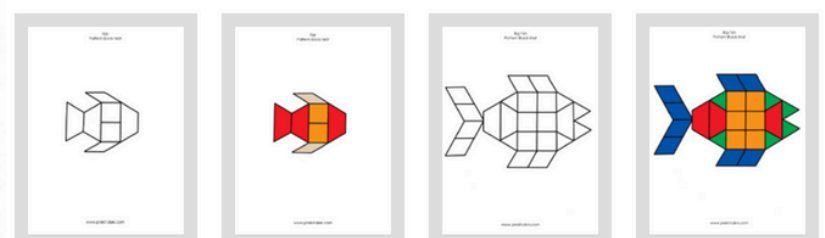


Snake

Snake

Snake

Snake

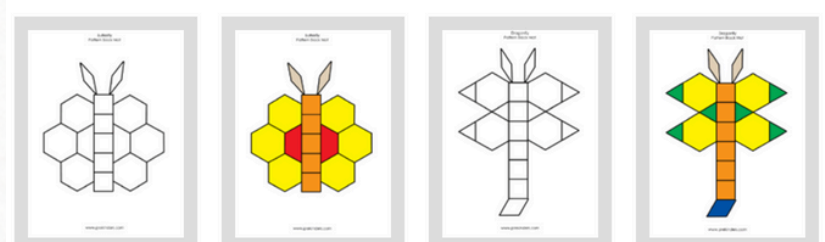


Fish

Fish

Fish

Fish



Butterfly

Butterfly

Dragonfly

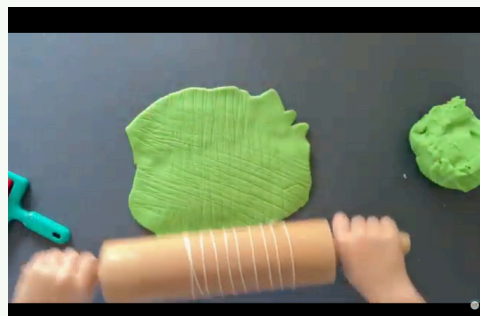
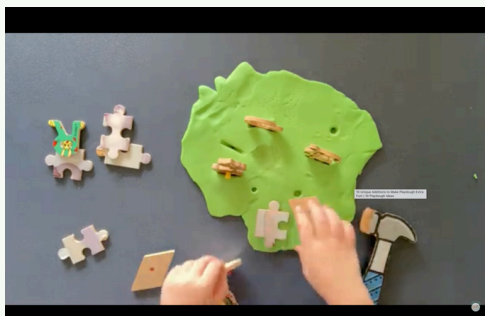
Dragonfly

(Pre-kind. 2025, np),

Enhancing Play using play dough



(Myriam Sandler, 2024, np)



(Easy Play Ideas for Kids, 2024, np).

Ingredients

- 1 cup flour
- 1/2 cup salt
- 2 Tbs cream of tartar
- 1 Tbs of oil
- 1 cup boiling water
- Drops of food color

Preparation

- Mix the dry ingredients
- Mix wet ingredients (oil, food colour and water)
- Mix well together. (Be cautious of the hot water)
- Transfer the dough to a flat surface and massage like a bread dough

Tips

- Invite children to participate in the process of preparation.
- Add loose parts, such as buttons, beads, marbles, wooden puzzle pieces, heart tooth picks, Hot glue stamps, string rolling pin...etc.

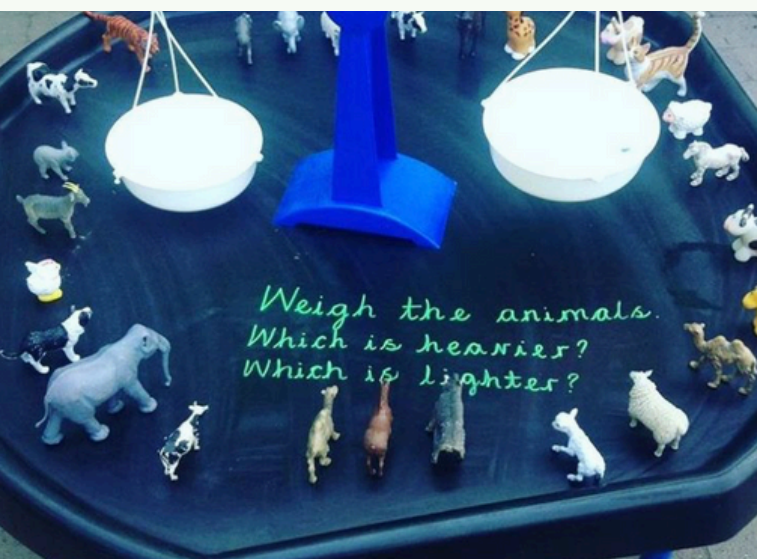
open- ended questions

- What does it feel like?
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- What do you think will happen if you change the shape?

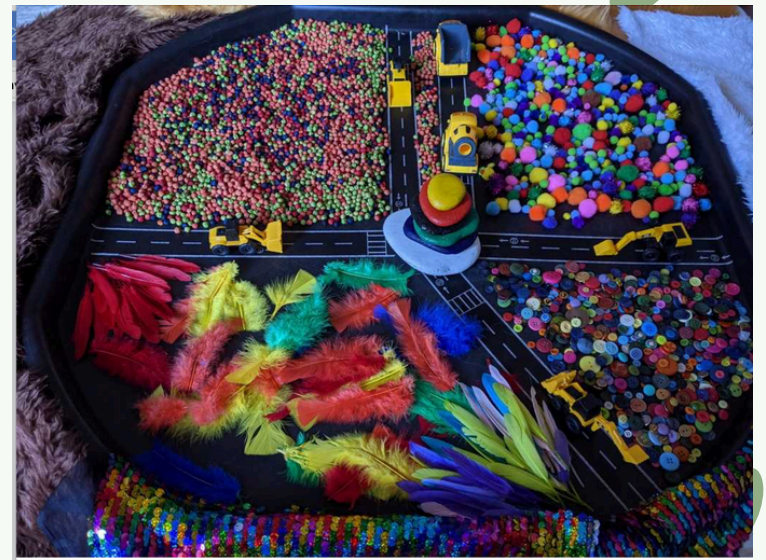
Exploring Our Environment, Community, Science, Sensory, and Math with Tuff Tray

Tips

- Community workers:- Construction site, garbage collectors,...etc
- Exploring the use of mortar, bricks, and carpenter shop
- Driving cars by following the lines
- Math and science experiment
- Volcano eruption (Baking soda and vinegar)



(Parent Tutor. 2020. np).



Oobleck (sensory Play)

- Cornstarch and water



Magic milk experiment

- Apply drops of colours in a bowl of milk, then add a drop of dish soap to explore the whirling reaction of the experiment.



Mother Could. 2021. np

open- ended questions

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According to Ministry of Ontario, 2014, One of the most important thing in a child setting program is viewing children as unique individuals and active, capable, participants with their own interests and perspectives. By creating supportive environments and offering enriching experiences, children are encouraged to explore ideas, confront and process their fears, and engage meaningfully with others through play and interaction. (Pg. 11)

Picture Books and Dramatic play Ideas



Tips

- Create a dramatic play area with props that align with the book's theme, encouraging role-playing and hands-on exploration.
- Incorporate sensory elements like snow, sand, water, branches, leaves, and representation of animals or insects.
- For example, set up a provocation where children can engage in the life cycle of a butterfly, using books and props to act each stage of transformation
- Adding puzzles, numbers and alphabets.
- Add a bucket of water and explore what floats and sinks.
- Add playdough or home made snow using baking soda and conditioner.

Open- ended questions for further curiosity.

- I wonder if we can build a castle using any materials we have.
- I wonder which material sinks or floats.
- How might we create a different structure?
- What can we add to our role play?
- How does it feel when you touch the leaves, grass, sand....?
- How do you think of the story of this book is going to be?

Dramatic play or pretend play helps children to develop their cognitive, fine and gross motor skill, along with their social and emotional development. (Dietze & Kashin, 2019, Pg. 290)

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